

In the east of Berkshire:

→ Slough and Windsor and Maidenhead patients should be referred to the Paediatric Physiotherapy Department at Heatherwood and Wexham Park Hospital.

→ Patients with a Bracknell GP should be referred to Paediatric Physiotherapy at Frimley Hospital.

or Heatherwood and Wexham Park Hospital.

- Physiotherapy services for respiratory difficulties including asthma and cystic fibrosis should be referred to the appropriate acute hospital.
- Home adaptations (occupational therapy) should be referred to Social Services.
- Any wheelchair assessments or problems should be referred to the Mobility Service.
- Children and young people who require speech and language therapy and who have started full time at a Slough Borough Council school. These families should contact:
Speech and Language Therapy,
Arbourvale School, Farnham Rd, Farnham Royal, Slough, West Berkshire SL2 3AE. **01753 515565**
- Referrals to Dietetics from GPs and primary care staff for short term support. These referrals should be signposted to the Berkshire Healthcare Health Hub for Nutrition and Dietetics Services.

Healthcare
from the heart of
your **community**

Berkshire Healthcare NHS Foundation Trust is committed to the eight principles of the Data Protection Act 1998.

For further information please contact the Data Protection Officer, Fitzwilliam House, Skimped Hill Lane, Bracknell, Berkshire, RG12 1BQ.

Berkshire Healthcare **NHS**
NHS Foundation Trust

How to refer:

From January 2014 you can refer to CYPIT services through the Berkshire Healthcare Health Hub. Call: **0844 406 0979**

The call handlers will take initial details and will send information on to the CYPIT Triage Team.

Email: **Bks-tr.healthhub@nhs.net**

Post: **CYPIT Triage Team**

Berkshire Healthcare Health Hub
Wokingham Hospital, Barkham Road
Wokingham, Berkshire, RG41 2RE

Referral forms can be found at:

www.berkshirehealthcare.nhs.uk/cypittoolkits

A triage administrator will be on site:

Mondays to Fridays 9.30am to 3.30pm

Clinicians will be available:

Mondays 8.30am to 12.30pm

Wednesdays 1.00pm to 5.00pm

Fridays 8.30am to 12.30pm

Call handlers will transfer calls requiring advice or when there is no parental consent directly to the triage team. When the triage team is not on site details can be emailed to **bks-tr.CYPITriage@nhs.net** or you can leave a message.

CYPIT Children and Young People's
Integrated Therapies Service

How to access our services

Details about our advice line
and making referrals

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What is CYPIT ?

(Children and Young People's Integrated Therapies)

We are a team of occupational therapists, physiotherapists, speech and language therapists and dietitians. We support children and young people from birth up to age 19 across Berkshire, their families and schools to develop children to their full potential and improve their life chances.

Our therapists take into account a child's potential and needs to assess the best way of developing their physical and communication (both verbal and non-verbal) skills. This includes providing support and training for carers and professional staff.

So what's new?

We now provide easy access to our services, through a single point of contact that will lead you to the best care and support for every child with development needs. Our integrated approach will provide a much richer and more straightforward experience for families, professionals and commissioners. Most importantly, it will provide the right type of support at the right time for all children.

How we can help

We provide an advice line on **0844 406 0979** and a web-based toolkit which includes simple ways to develop children's abilities for use by parents, carers and professionals.



You can access the toolkits on:

www.berkshirehealthcare.nhs.uk/cypittoolkits

We work closely with schools and families, to identify and agree goals for children that are meaningful to them and their family.

Our approach means that the most appropriate clinician(s) will advise on development, linking all relevant areas of care into a single plan for the child and young person, according to their needs.

The service covers:

Children and young people whose delayed or restricted development is affecting their ability to:

- Move around their environment as efficiently as possible.
- Effectively interpret what they see, hear, and feel from the environment and within their own bodies to help them respond and learn appropriately.
- Use fine motor movements well in daily life like using a pen and cutlery appropriately for their age.
- Communicate effectively to learn and socialise.
- Eat and drink safely.
- Carry out self-care and functional skills like dressing and organisation on their own.
- Feed themselves.

Who can be referred?

Children and young people who need physiotherapy, and/or occupational therapy and/or speech and language therapy to reach their full potential and are:

- Registered with a GP in Berkshire.
- At schools where the local authority commissions the CYPIT service.
- Attending local authority special schools in Berkshire.
- Children and young people whose paediatrician has referred them because they require long term support with feeding and nutrition.

Children and young people who cannot be referred

We are not currently commissioned to provide all children and young people's therapy and dietetics services. The main exceptions are:

- Children and young people who have musculoskeletal issues such as joint/muscle pain or who require physiotherapy following a fracture or acute injury, unless they are already known to the CYPIT physiotherapy team.
 - In the west of Berkshire these cases should be referred to MSK Physiotherapy.
 - Some therapy services are provided by the Royal Berkshire Foundation Trust.